

OUR MISSION

Trauma Support Services of North Texas' mission is to provide affordable therapy and support services for trauma survivors.

TSSNT also provides education and training for professionals, volunteers, interns and the general public who come in contact with trauma survivors as well as their families.

“Whatever it takes
for as long as it takes.”

CONTACTS

TSSNT Family Advocate
Tarrant County
Medical Examiner's Office
817-920-5700, extension 8672

LOSS Team of Mental Health America
817-733-9123

Trauma Support Services
of
North Texas
Tarrant County Office
1000 Bonnie Brae
Fort Worth, TX 76111
972-740-3636 (Suicide Programs)

WWW.TSSNT.ORG

TSSNT's Policies and Procedures prohibit discrimination against any individual on the basis of sex, race, color, age, sexual orientation, religion, national origin, political beliefs, marital status, mental or physical ability, economic class, or any other discriminatory basis.



Suicide Trauma Grief Program



YOU ARE NOT ALONE.

Each year more than 500 people die by suicide in the Dallas/Fort Worth area — about ten per week.

More people die from suicide than from motor vehicle fatalities.

While death and grief are normal processes, a suicidal death is very different. Guilt, whether rational or not, is a common experience. So are anger and a sense of shame.

Suicide grief is never simple. It is a painful, complex process.

Everyone deals with this process differently, but TSSNT is here to help!

TSSNT'S SUICIDE TRAUMA GRIEF PROGRAM

- TSSNT uses licensed therapists to provide **free** therapy for those who may not have insurance or the ability to pay.
- Individual and group therapy options are available for all ages from 3-year-old children through adulthood.
- TSSNT offers two suicide grief groups:
 - A **Monthly Suicide Support Group** facilitated by an experienced trauma therapist.
 - A smaller **Weekly Suicide Trauma Grief Group** with 6 to 10 others who are dealing with a death by suicide, which meets for 8 weeks.
- TSSNT partners with these Tarrant County agencies to provide necessary information and support to families following suicide.
 - **Local Outreach for Suicide Survivors (LOSS)** in Tarrant County.
 - **Tarrant County Medical Examiners Office** which serves Tarrant, Denton, Parker and Johnson Counties.



Call TSSNT at 972.740.3636 to start the intake process or to learn more about our services for suicide survivors.